



Island bodyworks' Privacy and Cookies Policy

The General Data Protection Regulations (GDPR) introduced on 25 May 2018 provide you with more control over how your personal data is collected, stored and managed. Island bodyworks is committed to meeting the requirements of the GDPR; we respect the information you share with us and are committed to protecting your privacy and data.

The personal data we hold about you includes information concerning your name, date of birth, postal address, email address and phone numbers, as well as health details which we collect via our health questionnaire. We require this information to help understand your health care needs, monitor and provide a high standard of customer service, and continue to offer an improved service to you. Your personal data is treated as strictly confidential and held securely. Island bodyworks will not pass on your personal data to another party without your informed consent.

Island bodyworks may also follow up, either by e-mail or phone, to a client who have received a treatment as part of our customer care procedure. We may also communicate by email or phone about a specific appointment booking or in response to an enquiry via our website or social media. We may also send promotional emails to you about new Island bodyworks treatments, special offers, or new upcoming events relating to our soft tissue therapy practice and/or Foundation Training, or any other related information that we think you may find interesting, and in order to keep you informed, using a valid email address.

When you visit our Island bodyworks website, small files (known as 'cookies') are put onto your computer to collect information about how you browse the site. We use Google Analytics software to collect this information. We do this to help make sure the site is meeting the needs of its users and to help us make improvements. We don't allow Google to use or share our analytics data.

You can change your mind about receiving information from us at any time by contacting us at clare@islandbodyworks.co.uk. We respect your privacy and will never share or sell your information.

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